



# Schools on Snow - Safety Package 2023/24

Please review the following information with your students before your visit to Mt Sima

Student Name:
<b>School Name:</b>
Grade:
<b>Teacher Name:</b>

# **Arrival:**

Upon arrival:

- One teacher or chaperone should go to the Snow School Desk to sign in with the Snow School Manager. The teacher should have the list of the students who are present and those absent. The teacher will be provided with lift tickets and lesson list.
- Students who require rentals will head to the Rental Shop and be assisted by rental
  attendants. For large groups, we ask that teachers and chaperones help the rental
  attendants organize the students, and help the students ensure their gear fits properly
- **Students who already have their equipment** will leave their skis/snowboard outside, get dressed in the main lodge, and wait for further instructions.
- While waiting for instructors, students <u>are not to ride</u> up the rope tow, and <u>are not to hike</u> up the bunny hill.

# **Lessons/Assessments**

## **Key Notes**

- 1. On your group's first visit, each student will pay a \$20 lesson/assessment fee.
- 2. Ski patrol will provide a safety talk to all students. When students are not in a lesson they are under the **supervision of the teachers and chaperones**.
- 3. If a student passes the assessment and is able to go up the chairlift, the Instructor will provide them with a lift ticket, if they cannot go up the chairlift they will get a bunny hill ticket.





#### Intermediate/Advanced (Level 4+): Assessment

- a. Instructors will assess each student's ability on the bunny hill.
- b. If a student is able to demonstrate their ability to comfortably balance, turn, and stop, the students can free ski for the day and the instructor will provide them a lift ticket to signify that they can go up the chairlift.

#### Comfortable Novice (Level 3): Assessment, Free-Ski

- a. Instructors will assess each student's ability on the bunny hill.
- b. If a student is able to demonstrate their ability to comfortably balance, turn, and stop, the instructor will provide them a lift ticket to signify that they can go up the chairlift.
- c. The students can ski free after this...
- d. Level 3 students must only use the green runs, ont blue or black runs.

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#### Beginner to Novice (Level 1-2): Lesson.

- a. Students will be provided a Rope Tow lift ticket and have their 1hr lesson immediately
- b. After the lesson, the instructors will provide them a lift ticket if the student is able to go up the chairlift and inform the students and the teacher where they should ski/ride.

\*Assessments/lessons are not required on subsequent visits. However you can request another lesson\*\*

#### Gear:

- All students and instructors are <u>required</u> to wear a ski or snowboard <u>helmet!</u>
   The helmet must fit properly and be made for skiing (bike/hockey helmets are designed with different impact characteristics and different areas of protection and should not be worn in place of a ski/snowboard helmet)
- Dress appropriately in layers, wear mitts/gloves, snow pants and winter jacket
- Goggles are highly recommended to keep wind and snow off the face, and protect your eyes
- Infinity scarves are <u>not to be worn</u> on the hill.

# Safe Slopes

To ensure a safe and enjoyable day, **students are expected to respect and obey the rules outlined below**. If these rules are not observed ski/ride privileges may be revoked for the day.

- While riding students are expected to:
  - Respect and obey all signs, including not riding in 'Out of Bounds' areas and roped off areas.





- Know which slopes are right for their skill level and ski/ride only on those.
- Ski/ride with friends. Do not ski/ride alone
- While riding the Chairlift:
  - Remove backpacks
  - Lower the safety bar
  - Do not bounce on the chairlift this dangerous for everyone riding up the mountain
  - Do not drop anything from the chairlift
  - NO students are allowed to jump the Triple Jump line (expert level jumps), or any jump that is rated XL, but teacher or instructor supervised access and jumping on the Upper Jump line (intermediate level jumps and features) and Pokeys Park (beginner level jumps and features) is permitted if skill level permits.

# Know and obey the Alpine Responsibility Code

- 1) Always stay in control
- 2) People ahead of you have the right of way
- 3) Before starting downhill or merging onto a trail, look uphill and yield to others
- 4) Do not stop where you obstruct a trail or are not visible from above
- 5) If you are involved in or witness an accident you must remain at the scene and identify yourself to ski patrol
- 6) Always use proper devices to help prevent run away equipment
- 7) Observe and obey all posted signs and warnings
- 8) Keep off closed trails and closed areas
- 9) Do not use lifts if your ability is impaired by alcohol or drugs
- 10) You must have sufficient physical dexterity, ability and knowledge to load and unload lifts. If in doubt ask a lift attendant.

\*All parents/guardians are required to discuss the below Alpine Responsibility Code with their children prior to their first visit.





# ALPINE RESPONSIBILITY CODE



THERE ARE ELEMENTS OF RISK THAT COMMON SENSE AND PERSONAL AWARENESS CAN HELP REDUCE. REGARDLESS OF HOW YOU DECIDE TO USE THE SLOPES, ALWAYS SHOW COURTESY TO OTHERS. PLEASE ADHERE TO THE CODE LISTED BELOW AND SHARE WITH OTHERS THE RESPONSIBILITY FOR A SAFE OUTDOOR EXPERIENCE.

- Always stay in control. You must be able to stop, or avoid other people or objects.
- People ahead of you have the right-of-way. It is your responsibility to avoid them.
- 3 Do not stop where you obstruct a trail or are not visible from above.
- Before starting downhill or merging onto a trail, look uphill and yield to others.
- If you are involved in or witness a collision or accident, you must remain at the scene and identify yourself to the Ski Patrol.

- 6 Always use proper devices to help prevent runaway equipment.
- 7 Observe and obey all posted signs and warnings.
- 8 Keep off closed trails and closed areas.
- You must not use lifts or terrain if your ability is impaired through use of alcohol or drugs.
- 10 You must have sufficient physical dexterity, ability and knowledge to safely load, ride and unload lifts. If in doubt, ask the lift attendant.

Know the Code - Be Safety Conscious
It is Your Responsibility

CWSAA

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# In case of serious injury

If an injury happens:

<u>During a lesson:</u> Students should notify the ski instructor, who will radio Ski Patrol.

<u>During free ski time</u>: students should phone ski patrol (phone number is on lift tickets and season passes), or ask another skier/rider to go inform ski patrol or guest services

Ski Patrol will notify the Snow School Manager and the teacher in charge.

## **Payment:**

- After the visit is complete, the Snow School Manager will email an invoice to the teacher in charge for the lift tickets, rentals and lessons/assessments. All invoices are required to be paid before the end of the ski season, around mid-April 2023.
- The Rental team at Mt Sima prepares the rental gear in advance for the visit. Schools will be charged a minimum for the amount of rental gear requested. Changes to rental numbers must be made at least more than 24 hrs in advance.